



The Shea Center Offers . . .

Military Family Therapeutic Riding Program

WHO: Active Duty Personnel and Veterans with a family member with special needs

WHAT: Therapeutic recreational riding programs

WHEN: Weekly 45-minute lessons to include both mounted and non-mounted equestrian activities

WHY: Benefits of a therapeutic riding program include family bonding experiences and improved health for those with physical or cognitive disabilities

WHERE: J.F. Shea Therapeutic Riding Center in San Juan Capistrano

COST: \$15 per person, per lesson

Physical, occupational, and speech/language therapies are also available, for an additional cost, for military members, veterans, and families. Financial aid is available.

For more information, please contact Adre Hudgson at (949) 240-8441 x 123 or email ahudgson@sheacenter.org.



Mission: Improve the lives of people with disabilities through therapeutic horse-related programs.

www.sheacenter.org www.facebook.com/SheaCenter
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The **SheaCenter**
for Therapeutic Riding