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Laguna Hills woman named outstanding volunteer

Valley People: A look at South County groups and individuals making news.

Valley People

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VOLUNTEER OF THE YEAR

Dixie Sparks of Laguna Hills has been named the Outstanding Volunteer of the Year by the Shea Center for Therapeutic Riding in San Juan Capistrano. Sparks started volunteering at the organization 13 years ago and volunteers at least three times a week as a leader, walking alongside a rider to provide support or training new volunteers. The riding center works to improve the lives of people with disabilities through therapeutic horse related programs and currently serves more than 540 people each year.

